

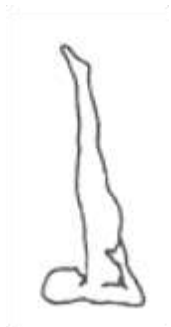
Sarvangaasana



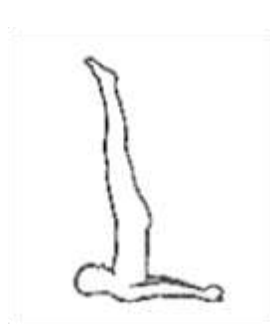
Halasana



Karnapidasana



Salamba
sarvangasana 1



Salamba
sarvangasana 2



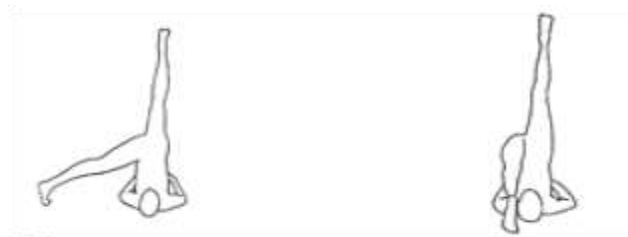
Niralamba
sarvangasana 1



Niralamba
sarvangasana 2



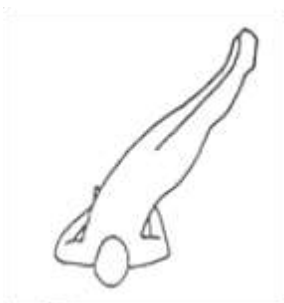
supta konasana
sarvangasana



Parsva eka pada
sarvangasana



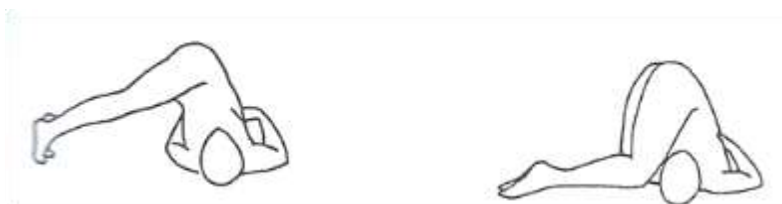
Eka pada
sarvangasana



Parsva sarvangasana



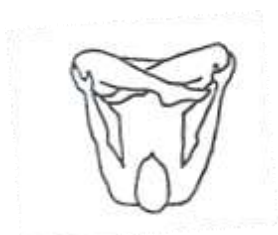
Parsva setu banddha
sarvangasana



Parsva Halasana



Parsva
Karnapidasana



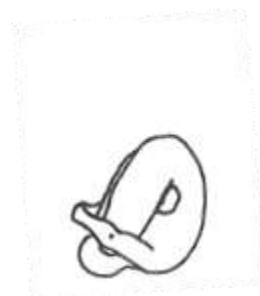
Urdhva padmasana
sarvangasana



Parsva Urdhva
padmasana sarvangasana



Parsva pindasana
sarvangasana



pindasana
sarvangasana